



About the COBALT Trial

COmBining memantine **And** cholinesterase inhibitors in **Lewy** body dementia **Treatment** trial

Are you interested in taking part in a medical research trial?

The trial will look at the use of a drug called Memantine for treatment of people with Dementia with Lewy Bodies (DLB) and Parkinson's Disease Dementia (PDD) symptoms.

The aim of the COBALT trial is to find out if Memantine treatment can help improve overall health and functioning for people with DLB or PDD.

Potential participants should be currently taking cholinesterase inhibitors (for example, Donepezil also called Aricept').

What does taking part involve?

- If you agree to take part, you will join one of two treatment groups for 12 months:
 - a placebo ('dummy' drug) group

OR

- a medication (Memantine) group
- You will have planned visits and phone calls with the local trial team, who will ask you about your symptoms, how you feel and your trial treatment.
- A family member or person who knows you well will also be asked to answer questions about your symptoms and about how they are feeling.

For more information and to see if you can take part you can contact one of the local trial team

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This trial has been approved by NRES Committee (REC)